

the portable models



NOTE!

Do NOT use this product without first CAREFULLY reviewing this manual and the instructions for its correct usage! In the manual we inform you of for example:

- MAKE SURE that you don't pinch any finger in the joints or between the diagonal struts!
- MAKE SURE that the locking rings are in its right position at all times, when using the table!
- MAKE SURE that the frames metal and wood are not overloaded!
- MAKE SURE that bolts and nuts are tight at all times!
- MAKE SURE that no sharp object cut the fabric!
- (Pads) Use warm water and a soap solution or a special solution sold by Tarsus. Make sure to wipe dry properly afterwards. If disinfection is needed, use ONLY on cleaned surfaces and ONLY a diluted alcoholbased solution. After disinfecting, use the soap solution again. Wipe dry.

WELCOME AS OWNER OF THIS TARSUS MASSAGE TABLE!

We're convinced that you will be pleased with this high quality product. You're not alone. Tens of thousands of therapists around the globe own a portable table from Tarsus, many use them daily. Our goal is that our products will help you reach your professional goals. If ever a problem occurs, you're always welcome to contact us, so that we may help you solve the problem.

Please read through the manual thoroughly, so that the table is being used as intended, both for your sake and the sake of the table.

RANGE OF USE

Treatment and examination of patients. The patients are to be treated lying or seated. Do not use the table for any other purpose or in any way other than described in this manual!

PADS

For longest possible product life length, make sure that no sharp objects cut the artificial leather and/or that the wood and aluminum chassis of the table are not overloaded (see image 43-46, max load).

CLEANING THE PADS

(Pads) Use warm water and a soap solution or a special solution sold by Tarsus. Make sure to wipe dry properly afterwards. If disinfection is needed, use ONLY on cleaned surfaces and ONLY a diluted alcohol-based solution. After desinfection, use the soap solution again. Wipe dry.

FOLDING UP A TABLE WITH NO HEADREST

MAKE SURE that you follow the instructions step by step when folding up the table!

1. Unlock the hook (A).

2. Open the table. You may put up the table as shown in the image. If so, use a soft cover to avoid damages on the floor and table. Damage caused during the folding up of the table is not compensated by Tarsus.





3. Unscrew and remove the wing nut (B), extract the bolt (C). Adjust the inner leg to desired height. Tighten the bolt and wing nut.

4. Press and lock the diagonal struts.





5-6 Place the locking ring (see circle) over BOTH sides of the strut so that they are locked. If the diagonal struts are not fully tightened and the locking ring is misplaced, the table is not folded up correctly.





WARNING! The struts MUST be fully stretched and the locking ring securily pulled over BOTH struts BEFORE a patient is placed on the table. If the struts are not fully stretched and locked by the locking rings, the table may collapse or tip over and cause injury to you or the patient.

FOLDING A TABLE WITH NO HEADREST

7-8 Fold the diagonal struts and the legs (in opposite order compared to images 3-6). Make sure that the handle is folded in between the chassis and the leg as shown in image 8, otherwise you may not carry the table.





Fold the table. Make sure that the locking rings are not pinched in between the struts and the under-side of the pad, so that the locking ring and/or the pad is not damaged.

9. Fold up the table.

10. Lock the hook (A).





Done!





Headrest, modell LITE

WARNING! DO NOT sit or stand on the headrest, as it may collapse and cause injury.

11-12. Pull both the pins to the tables side. Raise the headrest and release the pins when the headrest is in position. **IMPORTANT! See to it that BOTH the pins are in position before using the headrest!**





13. The chromeplated steel (A) is to be placed in the hole of attachment B. The pin (C) releases a spring. To be able to get the chromeplated steel into the attachment, release the pin and push the steel upwards. Place the steel into the hole. Release the pin.

14. Adjusting the headrest is done exactly like on model TE (see images 29-40).





The "cradle" is intended and designed for support of the patient's arms during treatment only. It is not safe and must not be used by a patient to raise him or herself up. Doing so may cause injury to person and/or damage the table.

ADJUSTING THE BACKREST, model ZON

15. The backrest is adjustable in 7 steps, 0-48° (A).

16. To raise the headrest from horisontal position, grip the face aperture and pull upwards.





17-18. NOTE! It is very important for the steel (B) to come in position before anyone leans on the backrest, so that damage may be avoided.





19. NOTE! <u>Never</u> place your hand in between the backrest and the top when lowering the backrest. Risk for pinching!

20. Do not let the patient rest against the backrest when lowering it. Make sure that the steel is in place first. To lower fully down, lift the steel with one hand through the hole, while holding the backrest with the other hand. Lower to horizontal position.



WARNING! DO NOT sit or stand on the backrest when in up-right position, as it may cause the backrest and/or table to collapse, with injury to person or damage to the table as possible consequence.

EXTENSION FOR MODEL LITE (optional)

Remove the plastic ends.





Place the aluminum struts into the chassis of the couch. DONE!



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NOTE! <u>Never</u> sit or stand on the extension. It is not intended for this purpose. The couch may tip over and the extension may break.

Mis-use may cause damage to patient or couch.

HEADREST AND ARMREST FOR TE, MA, LITE AND ZON

A headrest is included with model TE and LITE, and is available as an accessory with models MA och ZON.



24-25. The headrest is mounted in pre-drilled holes on the short-end side of the table. Tables with headrests are delivered with a headrest mounted.





26. When adjusting the height of the headrest, press the small handle (see circle) and raise/lower the headrest. For highest position, use the locking pin.

27. The headrest cushion (A) is moveable along the headrest chassis and held in place with velcro. The armrest, called cradle (B), is height adjustable.





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FOLDING A TABLE WITH HEADREST

Remove cushion and arm cradle, and stuck them in the couch when the folding is completed.

29. The rifled rod (A) has, by means of a spring inside the thicker part, both a long and a short position.

30. Pull the pin and press the rod to "short" position". Push the rifled rod (A) in one hand and the attachment in the other. Pull the rod out of the attachment.





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31-32. Fold the headrest. Pull the pins as shown by the arrows, thereby releasing the headrest chassis for full folding.





33. Fold the legs of the couch.

34. Make sure the couche's handles are pulled up (35) so that you may carry the couch.



Fold the couch and raise it with the "waist" of the couch towards the floor.

36. (For MA and TE): Place the u-shaped bow in between the strut and the wood/pad. Make sure your fingers are not pinched!



(For ZON and LITE) Fold the headrest against the legs (37, not in between as image 36 shows). Make sure the locking rings are not pinched, so that locking ring and/or the pad is damaged.

(For LITE) Place the accessories as shown when folding the LITE.





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39-40. Press the table together. Lock the two sides with the hook.





41. Done!





WARNING! Do not place any objects under the table that risks touching the struts and pushing apart the tension on the struts, as this may cause the table to collapse and/or cause bodily injury, as well as cause damage to the table.

43-46. RECOMMENDED MAXIMUM LOAD

Model MA and ZON

Max load on the middle of the table 150 kg



Model TE and LITE Max load on the middle of the table 200 kg

Max load totally 200 kg



Max load totally 250 kg





Do not overload by placing more weight on the table that what is recommended above. Doing so may lead the table to collapse and/or cause bodily injury, as well as cause damage the table.

Warranty

All our portable tables are warranted for ten (10) years (the chassis; all other details for two years) against defects and in workmanship and details. The warranty concerning function, material and manufacturing is valid only if the product has been properly used as shown in this owners manual.

The warranty is valid from the date on the CE mark.

Make sure to keep the CE mark on your table. It is the "identity" of your table. Not to risk losing the CE mark, we recommend that you write down the CE number, the order number and serial number. The image below shows where each of these numbers are located on the CE mark.

Date (<u>A</u>)	<u>D</u> shows table model (001=MA,	
Order number (<u>B</u>)	002=TE, 003=ZON) and	
Serial number (<u>C</u>)	width in cm.	



DATE/ORDER		4 <i>i</i>	В
SERIAL NO.	D		С
TARSUS PRODUCT MYRÄNGSVÄGEN & 891 50 ÖRNSKÖLD SWEDEN PHONE(+	B SVIK	1251	E